

“People Helping People” is the Eagles Motto



“Care Packages for our Armed Forces”

Please join us, the Cresaptown Ladies Auxiliary, as we come together to thank our military guys and gals! They put their lives on the line for us daily, so we can enjoy our safety and freedom. We want to ship them a **“Care Package”**, (a little piece of home) while they are **DEPLOYED**.

The Cresaptown Elementary School will be partnering with us on this great project called **“Care Packages”** (see example pictured below).

Cash donations are also welcome!



We have attached a list of items that our military has requested. Place items into a gallon size zip-lock bag and mark accordingly; male, female, or miscellaneous. These “Care packages” can be done by themes; example “fun, personal, snack, etc.” Let your imagination go!

The collection box for **“Care Packages”** is located in the pool room of the Cresaptown Eagles.

*Anyone who has a name and address for any military person that is **DEPLOYED**, please provide that information along with a picture to one of the Members of the Soldier Box Committee, Tammy Chucci, Chairman, (301) 707-1965 or to any Cresaptown Ladies Auxiliary Officer or member. We would like to have at least one name per branch.

Thank you in advance for all your support with this project!

For list of items
Over →

Most Needed Items for Care Packages

Place items into a gallon size zip-lock bag and mark accordingly; male, female, or miscellaneous
Remember the zip-lock bag you use can be re-used.

Cash Donations: Will be used to purchase items and make up care packages and/or will help to cover cost of shipping which ranges from \$13.00 to \$18.00 per box.

Note: The Cresaptown Eagles Aerie will cover shipping on a quarterly basis.

Food and Drink

- *Drink mix.* Electrolyte drink mixes (Propel), sweetened drink mixes such as lemonade and iced tea that can be mixed into water.
- *Packets of Condiments.* Anything that can be mixed with MREs (Meals Ready to Eat), such as, seasoned salt, individual packets of hot sauce, mustard, relish, or ketchup.
- *Quick Protein.* Breakfast, Protein or Energy bars. Tuna fish in the pouch & Triscuits for tuna, or Beef Jerky.
- *Snacks.* Triscuits, cheese and peanut butter crackers, nuts, sunflower seeds, corn nuts (any nuts) snack cakes and cookies.
- *Any Microwaveable Foods.* Mac n Cheese, Spaghetti, Ravioli, Soups, Ramen Noodles, or Oatmeal.
- *Gum & Candy.* Twizzlers, fruit gummies.

Personal Care and Clothing: Choose small, travel-size containers of personal care products.

- *Toiletries.* Toothbrush, toothpaste, dental floss, body wash, stick deodorant, shaving lotion, disposable razors, shampoo & conditioner in one, cotton swabs, individually packaged tissues,.
- *Personal Care.* Individually packaged wipes, personal cleansing cloths, good quality toilet paper, eye drops, lip balm, lotion, aspirin or other pain reliever, feminine hygiene products for women.
- Bug Wipes (for sand flees and mosquitoes).
- *Foot & body Care.* Foot powder or body powder, corn starch, Moleskin, socks, flip-flops or shower shoes, cotton crew socks.
- *Fingerless gloves, stocking caps, long underwear, if the climate is cold.*

Entertainment and Communication

- **Reading material.** Paperback books, current magazines, or comic books.
- *Games etc.* Crossword puzzles, word searches, jigsaw puzzles. Foam footballs and basketballs, Frisbees, Hacky Sacks, playing cards, yo-yos or handheld electronic games.
- *Batteries.* Size AA and D batteries are in high demand. If you're sending a battery-operated device, remove the batteries so the appliance doesn't accidentally turn on during shipment.
- *Writing material.* Notepaper, envelopes, pens, pencils, and stamps.
- Disposable camera.
- DVDs (content appropriate)

Things to Avoid:

- No chocolate if your service member is in a warm climate.
- No aerosol cans.

Cold months - send hot beverage mixes such as instant cocoa, coffee, tea bags, and creamer.

- *Disposable hand warmers.* Send these during the winter if your service member is in a cold climate.